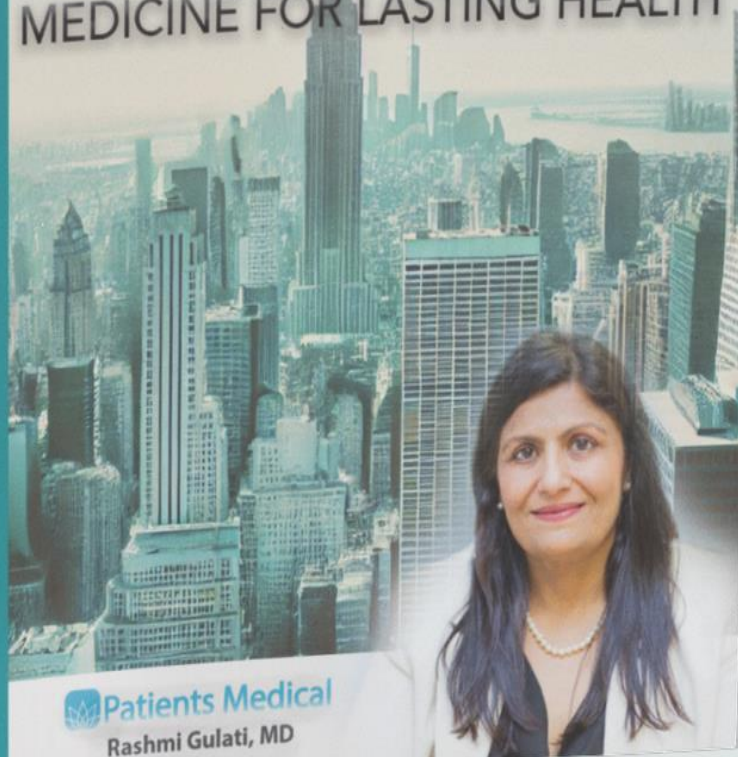


BEYOND THE PRESCRIPTION PAD

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WHY HIGH EARNERS IN NYC
ARE TURNING TO INTEGRATIVE
MEDICINE FOR LASTING HEALTH



 **Patients Medical**
Rashmi Gulati, MD

Beyond the Prescription Pad: Why High Earners in NYC are Turning to Integrative Medicine for Lasting Health

BY: Rashmi Gulati, MD

Are you tired of being just another case number in a system that prescribes first and asks questions later? Integrative medicine, led by renowned physicians like Dr. Rashmi Gulati at Patients Medical, offers an alternative that focuses on finding the root causes of illness and nurturing a path to lasting wellness. Discover why an integrative, holistic approach may be the answer to your long-term health goals.

Why Choose Integrative Medicine?

1. Beyond Symptoms: Addressing Root Causes

- While traditional medicine often manages symptoms with prescriptions, integrative medicine seeks to understand and treat the underlying causes. At Patients Medical, Dr. Gulati uses comprehensive testing and intensive listening to create personalized care plans.

2. The Ethical Approach to Healthcare

- Unlike mainstream practices driven by big pharmaceutical agendas, Dr. Gulati's approach is centered on ethical care, free from outside influence. She dedicates time to each patient, ensuring treatment isn't just about symptom relief but real, lasting health.

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. Individualized and Compassionate Care

- High earners in NYC are turning to integrative medicine not just for better health but for a compassionate healthcare experience. Patients Medical's holistic, personalized treatment connects all facets of health—mind, body, and spirit—for truly comprehensive care.

The Patients Medical Difference

Dr. Rashmi Gulati's Unique Background

- With over two decades of experience and training in both Eastern and Western medicine, Dr. Gulati is known for her ability to combine science-backed practices with holistic approaches. Her team is specialized in diverse fields, ensuring comprehensive care all under one roof.

A Practice of Transparency and Partnership

- Dr. Gulati empowers her patients through education, giving them a clear understanding of their health. This partnership-driven model allows patients to take control of their wellness journey, with informed choices and lifestyle guidance.

Proven, Preventive Care

- Preventive health is central to integrative medicine, aiming not only to treat current issues but also to prevent chronic conditions. By choosing a holistic path, patients are investing in their future health, ensuring longevity and vitality.

Common Conditions Treated at Patients Medical

- **Chronic Illnesses:** Addressing the root causes of diabetes, cardiovascular conditions, and autoimmune disorders.
- **Hormonal Imbalances:** Specialized treatments for thyroid conditions, menopause, and other endocrine issues.
- **Mental Wellness:** Supporting mood, stress management, and holistic approaches to anxiety and depression.
- **Preventive and Anti-Aging Medicine:** Treatments focused on longevity and vitality.

A Path to Wellness Beyond Pills

If you're ready to move beyond quick fixes and prescriptions, Patients Medical's integrative care may be what you need. Dr. Gulati and her team are here to support you on a journey to optimal health.

Get Your Free Consultation When You Call Us Let Us Know You Read This E-book

Discover a new level of healthcare that truly cares. Contact Patients Medical to schedule your consultation and experience the benefits of integrative medicine.

Also Visit our website: www.patientsmedical.com

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